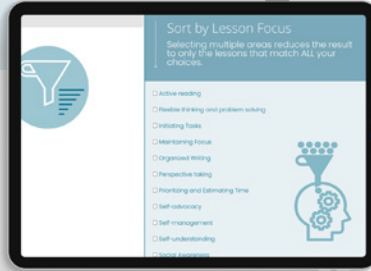
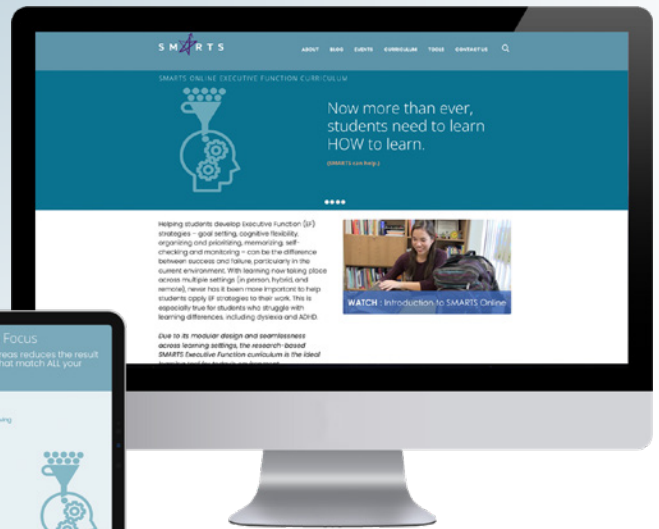




A Research-Based Executive Function Curriculum for Students to Learn How to Learn



Why SMARTS Elementary Works:

Developed by Dr. Lynn Meltzer and her team of educational specialists, SMARTS teaches executive function strategies for common academic tasks, (e.g., reading, time management, writing) for elementary-level students.

SMARTS teaches executive function strategies that enhance social emotional learning (e.g., monitoring behavior, focus and distraction, perspective taking).

SMARTS can be applied flexibly across subject areas and academic settings, from 1:1 tutoring and small groups, to large classrooms.

SMARTS teaches students how to reflect on and understand their strengths and challenges, promoting metacognitive awareness, the key to life-long learning.

SMARTS benefits all students and is essential for students who struggle academically.

The SMARTS Elementary curriculum includes:

- **30 structured lesson plans** organized into 7 units: Metacognition, Goal Setting, Flexible Thinking, Organizing time, Organizing Information, Remembering, and Self-monitoring and Checking
- **Lesson Sorter** to easily sort and curate lessons by EF area and academic tasks, by classes or by individual students
- **PowerPoint® presentation** for each lesson which can be customized
- **Extension activities** for every lesson with over 100 mini-lessons to integrate EF strategies into day-to-day instruction
- **Bridge to Home letter** for every lesson connecting EF strategies at home and school
- **Contains lessons for non-readers**
- **Monthly SMARTS Elementary Newsletters**
- **SMARTS Elementary Conversations** joining together a network of educators to share ideas and discuss their practice
- **Online videos on Executive Function**
- **Teacher training webinars**



SMARTS full-color Student workbook contains all 150 student handouts creating a strategy notebook for students to reflect and track their learning.

Go to: www.smarts-ef.org for more information and to get started today!



EXECUTIVE FUNCTION & MENTORING PROGRAM

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