



Added Feature this Year: Elementary and Secondary break-out sessions

10th Annual Executive Function Conference

Friday, October 25, 8:30am-3:30pm

*Executive Function through Elementary, Middle, and High School:
Framing Homework and Project-based Learning*



Lynn Meltzer, Ph.D.,
President and Director of the
Institutes for Learning and Development

Lynn Meltzer, Ph.D., Keynote Speaker
Donna Kincaid, M.Ed., Conference Chair
Christopher Willard, PSY.D., Guest Presenter



Christopher Willard, PSY.D.,
Lecturer in Psychiatry,
Harvard Medical School and author



Donna Kincaid, M.Ed.,
Assistant Director, Director of
Outreach and Training,
Institutes for Learning and Development

This conference will help teachers and administrators to:

- Understand the complex nature of executive function processes
- Understand how EF weaknesses impact homework and project completion
- Understand how explicit executive function instruction and mindfulness can reduce stress
- Understand the importance of self-awareness and flexible thinking for academic success
- Understand how to reframe homework and projects with an EF lens
- Learn specific grade-appropriate strategies to foster independent and successful learners

For more information: <https://www.researchchild.org/events/10th-annual-executive-function-conference>

or contact: Jamie Cutler, Director of Marketing and Communications, jcutler@researchchild.org



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10th Annual ResearchILD Executive Function Conference
October 25, 2019

**Executive Function through Elementary, Middle, and High School:
Framing Homework and Project-Based Learning**

8:00-8:30	Registration/Coffee
8:30-8:45	Welcome and Conference Overview
8:45-10:00	Ignite Success and Reduce Stress: EF Strategies that Work! Lynn Meltzer, Ph.D. Part 1
10:00-10:15	Break
10:15-11:15	Ignite Success and Reduce Stress: EF Strategies that Work! Part 2 Lynn Meltzer, Ph.D.
10:15-11:15	Optimizing the Homework Process: Embedding EF Strategies for Success ResearchILD staff
11:20-12:10	Making Mindfulness Stick for Students with Executive Function Challenges Chris Willard, Psy.D.
12:10-12:45	Networking Lunch with Round Table Discussions
12:45- 1:00	A Successful Journey: Young Professionals Share Stories about their Learning Differences
1:00-2:15	Project-based Learning: Design and Assign through an EF Lens ResearchILD staff
2:15-3:15	Creating a Classroom Culture Where Students Self-Monitor and Check ResearchILD staff
3:20-3:30	Wrap-Up

***Agenda subject to change**