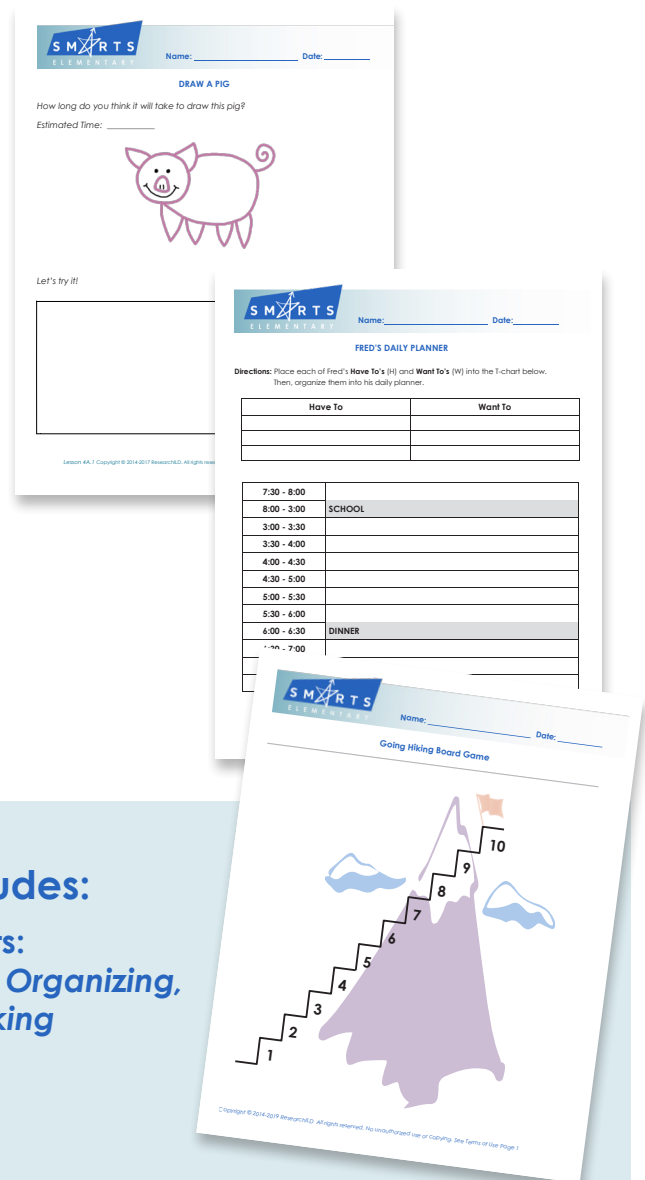




## SMARTS: A Research-Based Executive Function Curriculum That Teaches Students to Learn How to Learn

### Why SMARTS Elementary Works:

- SMARTS has been developed by Lynn Meltzer, Ph.D. and her team of educational specialists. Dr. Meltzer is a leader in the field of executive function in education.
- SMARTS teaches executive function strategies for common academic tasks, (e.g., reading, time management, writing, and more!)
- SMARTS can be applied flexibly across subject areas and academic settings, from 1:1 tutoring and small groups, to large classrooms.
- SMARTS teaches students how to reflect and understand their strengths and challenges, promoting metacognitive awareness, the key to life-long learning.
- SMARTS benefits all students and is essential for students who struggle academically.



### The SMARTS Elementary curriculum includes:

- 30 structured lesson plans organized into 6 units: *Metacognition, Goal Setting, Flexible Thinking, Organizing, Remembering, and Self-monitoring and Checking*
- PowerPoint® presentation for each lesson
- Teacher training webinars
- Student workbook

# SMARTS: Executive Function and Educational Impact

**When executive function strategies are taught explicitly, students:**

- Approach problems flexibly
- Gain confidence and self-esteem
- Succeed academically
- Demonstrate increased self-understanding



**Students who learn HOW to learn can persist and succeed in school and in life.**



**Go to: [www.smarts-ef.org](http://www.smarts-ef.org) for more information and to get started today!**